

# RSH Insider

*The newsletter of Indiana's*

## Richmond State Hospital

498 N.W. 18<sup>th</sup> Street, Richmond, IN 47374 | <https://www.in.gov/fssa/dmha/3305.htm> | September 2019

## Superintendent's Message

*by Katrina Norris, LCSW, LAC*

September flew by and as we embrace the changes that autumn inevitably brings for us, I want share a few things about our changing leadership as well as our continued improvements here at RSH. Our leadership is changing. We have added vital roles and each individual is bringing a fresh lens to the organization. However, whether you are new or a seasoned manager here at RSH, the expectation is the same. First, integrity is expected. This means doing the right thing, with the best interest of the patients and team, even when that may not be in the manager's own self-interest. I believe leaders with integrity are comfortable adding people more talented than themselves to a team. And when things go wrong, they take responsibility, rather than throwing subordinates under the bus or blaming failure on "the higher ups". I am also a firm believer that leadership is an honor that often requires sacrifice. We all recognize a leader must have the skill to assess a situation and respond with decisions and actions that assure the achievement of the organization's strategic planned goals. Finally, the expectation is that leadership here at RSH has the ability to define a moral purpose for the hospital, and to give meaning to every individual's effort.

There has been no prouder moment for me as Superintendent then the community work we have done in the past couple of weeks. Our visibility in the community is critical for our survival. I hear people say things like "The State doesn't go out of business," however, we do lose credibility without constant presence in the community. The events we are participating in attract employees, affiliates, partners, and joint ventures. Not only are we seen as an expert by these people, but when they see and hear what we have to say, chances are they'll go to our website to learn more about us. This is a terrific opportunity to get these visitors to our campus and to continue to fight to end stigma of Mental Illness & Addiction. Business 101 is not being forgotten and sending a consistent message. So being consistent with our marketing efforts is important and this is why branding has been such a high priority for me as well as the FSSA Office of Communications. We are working diligently to share all of our community outreach with Central Office through social media as well as other outlets. I sincerely thank each and every one of your for contributions to the events you will read about in this newsletter.



## Grass Roots Sponsors Food Truck Event

*September 6, 2019*



To kick off National Recovery Month, RSH Grass Roots partnered with Community Services to host our first food truck event. It was a great success - the vendors ran out of food! Grass Roots plans to have food trucks back in the near future with not only more food to eat, but also more options - stay tuned!

Thanks to GR Committee members and Maintenance for their help with the event!

## Rehab Raises Money For Patient Rec Fund

September 14, 2019

The RSH Rehab Department hosted a Pizza fundraiser for both staff members and patients, earning \$253.75 for the Patient Rec Fund. Thank you to everyone who participated in the fundraiser!



## RSH Participates in Kids Fest Moonlight Parade

September 14, 2019

This year, RSH participated in the “Superheroes/Transformers,” themed Kids Fest Moonlight parade. In the morning, RSH set up a table at the Richmond Farmer’s Market to provide children’s crafts and games. RSH also built a parade float for the evening activities - the theme of RSH’s float was “HERO (Helping Others Respect Others).” The float turned out GREAT! Everyone’s collective effort made the event a success and we hope to participate again next year.



Thanks to all of the individuals who helped out in some way: Jessica Guth, Angela Britto, her two children, Christy Britto and Joe Britto, Chrisanne Austin, Dana Burton, Kayleigh Owens, Heidi Stolle, Terri Ogle, Kirsta Cela, Jessica Whited, her husband, Brandon Whited, Terresa Bradburn, Kim Phillips, Lucy, Erin Baker, Grace Delay, Warehouse, RT, and Maintenance. Also, a special thank you to the Executive team and other staff for candy donations.



## American Legion Auxiliary, Post 65 Provides Picnic for Patient Veterans

September 15, 2019

The American Legion Auxiliary, Post 65 visits Richmond State Hospital several times throughout the year to provide our patient veterans with various activities. RSH currently has 12 patient veterans who have the opportunity to attend quarterly birthday lunches and holiday parties, but the fall picnic brings a few extra visitors... and their motorcycles. This year, the patient veterans had the chance to check out 4 different bikes while visiting with some great men and women. We are thankful for the American Legion Auxiliary, Post 65 and the honor they give to our patient veterans.





## Departments Collaborate to Provide Patient Recovery Celebration

September 18, 2019

Richmond State Hospital's Psychology, Psychiatric Services, and Rehab Departments teamed up to provide an all-day Patient Recovery Celebration. The Celebration schedule included: Guest Speaker Charmin Gabbard,, Skill Stations followed by a Scavenger Hunt; and an evening Dance.

Shout out to Donna Ashcraft for her effort in planning a fun and unique pour painting station.

## New DMHA Director, Jay Chaudhary Visits RSH

September 20, 2019

Jay Chaudhary (pronounced CHAW-dree) has been named the new director of the Division of Mental Health and Addiction. He stepped into his position on September 9, 2019.. Chaudhary was the managing attorney for Indiana Legal Services where he served in several key positions, including Midtown Medical Legal Partnership's founding director.



During his recent visit to Richmond State Hospital, Superintendent, Katrina Norris provided Chaudhary with a tour of campus, which ended in our Superintendent challenging the Director to a 1 on 1 basketball game.



## RSH Hosts 1st Dual Diagnosis Community Event

September 20, 2019

In celebration of National Recovery Month, Richmond State Hospital hosted their 1<sup>st</sup> Dual Diagnostic Symposium, an educational community event regarding Mental Illness and Substance Use Disorders. RSH welcomed 19 vendors from Wayne and surrounding counties to provide information about the various resources they offer in relation to Mental Health and Addiction. The event presenters included: Dr. Carrie Mier, Charmin Gabbard, and NAMI Family & Friends. We had a great turn out and consider this to be an amazing first step in changing the stigma. Thank you to all the staff who assisted in the preparation, execution, and cleanup of the event.

As a team, we can accomplish great things!



A special shout out to Muddy Monkey and Bismarck Donuts & Coffee for donating donuts and coffee for our guests.

## RSH Represents at Ivy Tech's Get Your Green On Gala

*September 21, 2019*

Richmond State Hospital's Superintendent, Katrina Norris (left) and Community Services Director, Jessica Guth (right) attended Ivy Tech's 1<sup>st</sup> Annual Get Your Green on Gala, a fundraising event to support Ivy Tech Foundation.



## Superintendent Represents RSH at State Round Table Meeting

*September 27, 2019*



Superintendent, Katrina Norris represented Richmond State Hospital during a state round table meeting on Mental Health & Addiction with Surgeon General, Dr. Jerome Adams and Vice President, Mike Pence.

## Team RSH Walks to End Alzheimer's

*September 28, 2019*

Over the weekend, Team RSH participated in the Walk to END Alzheimer's at IU East. Team RSH consisted of: Kim Siler, her sister-in-law, Kebra Hoskins, Michelle Taylor, Patty Bostic, Kim Phillips, Jessica Guth, Jessica Whited, Angela Britto, Terry Slayback, Jeremy Mathews and his daughter, Fran Thompson, Terresa Bradburn, and the Hill Family (Brian, Constance, & Madisyn).

**Our team raised \$1,200**, placing Team RSH in the **TOP 10** fundraising groups in the area.

We thank everyone for their support and donations!



## RSH Receives \$500 in Resources from Wayne County Literacy Coalition

Richmond State Hospital has been teaching adult literacy to a small group of patients for a little over a year now. At the beginning of this class, one client only knew how to read 4 words – she is now able to read 29 words! Over the past year, the class has received various donations, such as books and flash cards from staff members, all of which are greatly appreciated. Recently, RSH received some great news – the Wayne County Literacy Coalition will be donating \$500 worth of resources to the adult literacy class. A special thanks to Dana Burton, a RSH Psychiatric Services Specialist and Adult Literacy Instructor for building this connection with the Wayne County Literacy Coalition. We are very excited for an opportunity to work with this community partner to meet the needs of our patients.

## RSH Continues to Welcome New Employees

Elizabeth Conley (RN), Molly Neher (RN), Melissa Blankley (RN), Amber Terhaar (RN), Rachelle Woods (Medical Secretary), Brandon Reeve (Laborer 3), Nancy Forsythe (Clinical Services Specialist), Brandon Elliott (Maintenance Electrician), Chelse Collins (BHRA), Stacy McCracken (BHRA), Berdena Miller (Pharmacy Technician), Dustin Steele (BHRA), Tina Bane (BHRA), Aimee Cory (BHRA), Amber Lambert (BHRA), & Stephen Caldwell (Maintenance Repair 2).



## State Employees' Community Campaign (SECC)

The State Employees' Community Campaign has begun! The State Employees' Community Campaign (SECC) is the annual charity campaign administered by the State of Indiana employees. The SECC allows state employees to contribute to any charity with a 501(c)(3) ruling through either a one-time contribution or the convenience of payroll deductions.

This year's SECC campaign runs from September 26<sup>th</sup> through November 30, 2019. Everyone is encouraged to participate!

## Mark Your Calendars

*October 30, 2019*

The RSH Rehab Department is planning the next Patient Fun Day for October 30, 2019. Fun day activities will include: morning bingo, afternoon dance with a dancing contest, and evening movies.